Abstract: Worker well-being and workplace health has become increasingly of interest to organizational researchers and policy makers. In the literature, there exists an abundance of terms and meanings for well-being, both within and outside the organizational sciences (e.g., philosophy, positive psychology, social psychology). My research seeks to synthesize and assess relations between well-being components to forward an integrative understanding of worker well-being. In my talk, I showcase research that focuses on 1) classical virtue notions of well-being (i.e., self-control – as a master virtue) in its relation to subjectively experienced well-being and 2) the interplay between subjectively experienced well-being and physical/physiological well-being. Future organizational research in terms of timeframes and levels-of-analysis on these potential reciprocal relations are discussed.