

# Vitality

# Notes

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Congratulations to Melissa Markofski for her recent appointment to participate in the new strategic planning process recently announced by President Córdova. There are eight working groups focusing on: student success and the student experience; large-scale research and its infrastructure; economic development; quality of life in the workplace; globalization; campus design; synergies between science/engineering and liberal arts/social and behavioral sciences; and attracting students to careers in the STEM disciplines. Melissa will serve on the economic development group, chaired by Joe Peckny. We are very proud to have one of our graduate students appointed to serve on this significant university undertaking.

I am pleased to announce the results of our recently concluded search for a Continuing Lecture in Athletic Training Education. Mindy McDonell has accepted our offer to join our faculty in a continuing role beginning on December 31, 2007. As you all know, Mindy is presently a lecturer in our ATE program. She has been a Board Certified Athletic Trainer since 1986. Her undergraduate degree is from Oregon State, and she earned her MS degree from University of Arizona. She also spent eleven years as an athletic trainer at Washington State University. Please welcome Mindy to her new position. ([mmcdonell@purdue.edu](mailto:mmcdonell@purdue.edu))

Please remember that we are under a deadline for submitting the first phase of our Higher Learning Commission self-study. We are expected to establish clearly defined goals for all of our programs of study. Bonnie Blankenship is coordinating the undergraduate programs report and Al Smith is doing the same for the graduate program. We are still aiming for an internal deadline of December 1, 2007. Please contact Bonnie and/or Al for further information or help. Thank you.

Tom Berndt, Associate Dean in CLA, has announced an initiative to help faculty members interested in competing for federal funding. Tom is working on setting up potential trips to federal agency and foundation offices that will include the faculty member. The details and the funding are still being worked out, but it sounds like this could be a wonderful opportunity for our researchers to talk in person with program officers about projects needing funding help. I'll update you along the way as the program evolves.

Finally, Experience Liberal Arts month was a success by any measure. Nearly 2,000 campus and community people attended the events (not including the numbers attending the Dalai Lama, the Purdue Theatre performance of Six Degrees of Separation, Rueff Galleries' exhibits). Over 100 people attended the Michael Turvey talk. The most frequent feedback after the talk was: get a bigger room. So, obviously Turvey was a hit. Thanks again to Howie Zelaznik and to the Departments of Psychological Sciences and Speech, Language, and Hearing Sciences.




Please have a joyful Thanksgiving.





## Calendar—Nov. 18 - Dec. 1

Sun	Mon	Tues	Wed	Thur	Fri	Sat
18	19	20	21 No classes (Nov 21-23)	22  Thanksgiving Holiday	23 University Holiday	24
25	26	27	28 HK Faculty Meeting 3:30 p.m. LAMB 108	29	30 <u>Colloquia</u> Dr. Daniel Corcos Lamb 108 1:30 p.m.	1 Dec

### Mark your Calendar

### HK Holiday Social

Thursday, December 13  
2:00 p.m.

Desserts and Gift Exchange!

More Info to Follow



## Grad Info

Fall 07  
Graduation Deadlines

**December 1:**

Last day for students to pass the final exam.

**December 7:**

Last day to electronically submit a dissertation (Ph.D. Students) or deposit Thesis (Master's Students.)

Notify Jill at least 2 weeks before your proposal or final exam, preliminary or final exam date.



*Vitality*

**YOU ARE INVITED**



**NOVEMBER  
HK PROJECT PRESENTATIONS AND THESIS  
DEFENSES**

**Andrea Lopez** will present her final Master's project titled: "Development of a Physiologic Screening Test Manual" on November 26 at 10:30 am in LAMB 108.

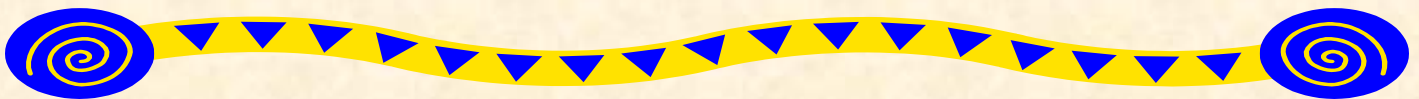
**Brittney Bradbury** will defend her Master's Thesis titled: Power Curve Results in Older Adults with Parkinson's Disease on November 26 at 10:00 am in LAMB 120 .

**Stuart Johnson** will present his final Master's project titled: "A Seminar in Leadership Skills and Characteristics" on November 26 at 2:00 pm in LAMB120.

**Angela Anoleifoh** will present her final Master's project titled: "Leadership, Corporate and Olympism: Lessons for Coaches" on November 26 at 3:15 in LAMB 120

**Travis Dorsch** will defend his final Master's Thesis on November 28 at 1:00 pm in ARMS 2326. The title of his thesis is: " Do Young Athletes Socialize Their Parents?"

**Matthew Cherry** will present his final Master's project titled: "High School Baseball Portfolio" on November 29 at 4:00 pm in LAMB 120



In the

# Spotlight



## Albert Bimper

**Title: Strength and Conditioning Graduate Assistant**

**Birthplace: Arlington, Texas**

**Hometown: Arlington, Texas**



Albert grew up in Arlington, Texas where he lived with his mom, Debra Bimper and his Sister, Courtney Bimper. He has a chocolate lab named Duncan who keeps him company. When asked what his favorite restaurant is, he says "My mom's house every Thanksgiving and Christmas. After that, then probably Texas de Brazil would be number one."

### Education:

Albert received his Bachelor's degree in Health and Exercise Science concentrating in Health Promotion at Colorado State University in Fort Collins, Colorado. His current area of Study is Sport Psychology at Purdue.

### Career Experience:



Before coming to Purdue, Albert spent some time in the NFL playing for the Indianapolis Colts and won the Super Bowl XLI in 2007 in the process.



### Most Memorable Class/Job Experience:

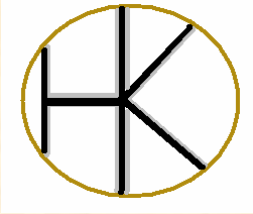
Albert's Most memorable moment in school as a student was being able to wake up to the Rocky Mountains every day before going to school at Colorado State University during his undergrad. The sites of the Colorado scenery could lift your spirits and inspire anyone very easily. His most memorable job experience was volunteering at the Youth Camps while playing football in college and in the NFL.

### Activities/Hobbies/Travel:

Albert likes to stay as active as he can. He likes to white-water raft, kayak, fish and play with his dog, Duncan. He doesn't know if he likes cooking or eating more but cooking is a big interest of his. He is not ashamed to admit that he likes to watch the Food Network. During the summers he is involved in youth sport camps in Texas, Colorado and Kansas. His favorite places to travel are Nigeria and Ghana, Africa. Within the U.S. he likes visiting friends in Colorado and Virginia.

### Other interesting facts:

Albert has written two books that are both in the process of publication. The first book is titled, *Pearl: Treasures in Jars of Clay*. The second is titled *Rescuing Black America: Saving Ourselves from Ourselves First*. Both of these books are written on the basis of inspiration and attention of our self-improvement and empowerment via our abilities of choice.



*Vitality*



# HK Majors Club Social

Hey everyone!! It's that time of the year to start talking about the HK Club's final event of the semester, the SOCIAL! Here are the details..

**WHO:** ALL HK CLUB MEMBERS,  
Professors, TA's and anyone in the HK Department

**WHAT:** SEMI-FORMAL SOCIAL

**WHEN:** WED, DEC. 5TH 2007

**TIME:** 6PM-9PM

**WHERE:** WINDOWS ON THE WABASH @ CAPP AND GINO'S  
(THE UPSTAIRS PART)

**WHY:** TO MINGLE WITH OTHER CLUB MEMBERS, PROFESSORS, AND MEMBERS OF THE HK DEPARTMENT, EAT YUMMY FREE FOOD, TAKE A STUDY BREAK FROM FINALS, CELEBRATE A SEMESTER OF HK CLUB SUCCESS!

**RSVP: BY MONDAY, NOVEMBER 19TH**

The HK Club would love to have as many HK Professors attend the social as possible. This is a great chance for students to get professional advice.



# Colloquia



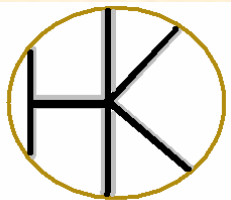
Friday, November 30, 2007

Dr. Daniel Corcos, Director

Motor Control and Learning Program in the Department of Kinesiology  
Professor of Movement Sciences, Neurology, Physical Therapy & Bioengineering  
University of Illinois at Chicago

*Deficits in Parkinson's Disease*

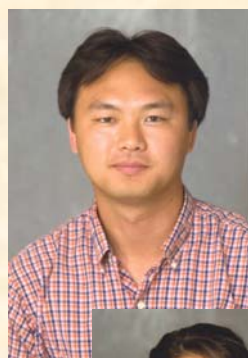
Lambert Room 108 • 1:30 p.m.



Vitality



# Congratulations



Donald L. Corrigan Professional Development Grants were awarded to:  
From Left to Right - Ooksang Cho, Angela DeMano, Melissa Markofski, Chris Rhea, Leigh Schanfein and Tobin Silver.



## HK Grads!



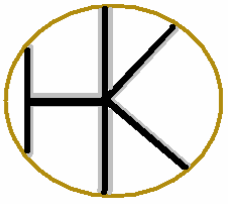
# HKGSO Seeks Candidates

## HKGSO Seeks Candidates for Executive Board

The Health & Kinesiology Graduate Student Organization is seeking nominations for their executive board. Open positions include:

- President
- Vice President
- Secretary/Treasurer
- Representative to PGSG

Please submit nominations to Michael Hemphill via e-mail ([mhemphil@purdue.edu](mailto:mhemphil@purdue.edu)) or campus mail by **Tuesday, November 27, 5pm**. All nominees will have the opportunity to accept or reject their nomination. Thank you for participating in this process.



# Wanna Be Farm Girl

Article from the November 2007 University Place Beat featuring Marianne Eagan



**Marianne Eagan**

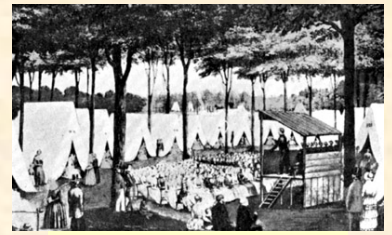
Ross McKee was the first one to arrive in the fitness room on Marianne's first day as the UP fitness supervisor. She knew he was a farmer by profession, and since her daughter and she had been spending a lot of time at a small dairy farm the past few years feeding calves, injecting calves with medication, chasing sheep, feeding piglets, and getting into mischief as "wanna be farm girls," she felt she would have instant rapport with Ross. Marianne learned that Ross raises beans and corn but has no livestock. Each morning she looked forward to her visits

with Ross so she could learn more about the corn farming business. After being bombarded with so many questions on how corn is planted, pollinated, and harvested, Ross finally suggested that she go out to his farm to actually ride the combine and see for herself how it is done. This was an exciting invitation, and she invited her husband to join them on Saturday in early October so she could get her corn harvesting curiosity satisfied. Unfortunately, on this day they were only harvesting beans, but riding the combine was still a thrill for her. Later, she and Ross drove back to Kentland, and, much to her delight, they were picking corn. Ross' son, Bob, climbed down from the combine and told her to have fun riding with their combine driver. Because Ross was curious about what the inside of the cab looks like with the new GPS system, she took her camera and took photos. When she returned that afternoon in her corn induced-wanna-be-farm-girl intoxicated state, she sent some of the photos to WLFI, News Channel 18 for their weather channel. The following morning she found an email from Mike Prangley thanking her for the photos, and she also learned he put one of the photos on the 11:00 p.m. news the previous night. In the email he said that riding the combine looked like a lot of fun and now he also wants to ride one. Unfortunately, the corn is all harvested for this year, but she is hoping to be invited back for the corn harvest again next year. She also hopes to pick some of their sweet corn next year.





# Vitality



Camp Meeting (1850)

## REVIVALS



Camp Meeting

When you sit and read a bit about the history of the idea of revival, it isn't long before you discover how deep the revival tradition is in the American cultural fabric. For instance, in many of the Midwestern states in particular (although not exclusive to them by any means), one of the unique ways in which the early American frontier community was nourished was through what were called "camp meetings."

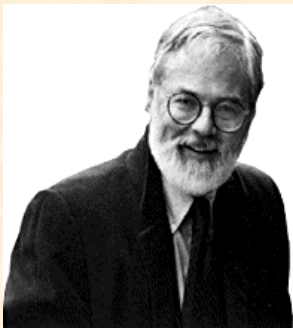
The camp meeting was a chance for the early 19<sup>th</sup> Century settlers to escape the loneliness and isolation of the frontier. Sometimes lasting for a week, the pioneers would come together for spiritual regeneration. The lively meetings featured religious circuit riders who would rail for hours against the evils of dancing, card playing, horseracing, gambling, drinking, and loose sex. Ironically, the level of revelry and emotional intoxication at the meetings themselves was almost as exciting as the diversions being condemned.

With oratory, hymn singing and eating, the camp meeting was a gigantic community tailgate. The response to the fiery oratory was often hysterical, with entire crowds bobbing and weaving and fainting uncontrollably. Because of the intense emotionalism stirred up, bringing the men and women together did have its dangerous aspects. Amid the hallelujahs and amens there was much inspirational recreation, and from time to time there was also a little actual creation in the course of the meetings as well.



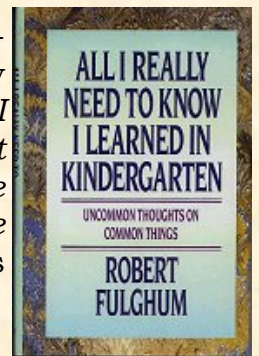
Camp Meeting

Nearly 200 years later, the basic idea of revival is still with us of course. Its perpetuation can be found in one form or another by way of various modern religions around the world, even if the original American frontier camp meeting intent, structure, and delivery no longer obtains. But the idea also crops up here and there in less formal religious contexts.



Robert Fulghum

For example, you might remember some of Robert Fulghum's later writing. You will recall Fulghum's early books. He has published many best sellers, such as *All I Really Need to Know I Learned in Kindergarten* (1987), *It Was on Fire When I Lay Down on It* (1989), *Uh-Oh: Some Observations from Both Sides of the Refrigerator Door* (1993), and *Maybe (Maybe Not): Second Thoughts from a Secret Life* (1995). All told, Fulghum's book sales top 16 million, and he is read in 27 languages in 103 countries.

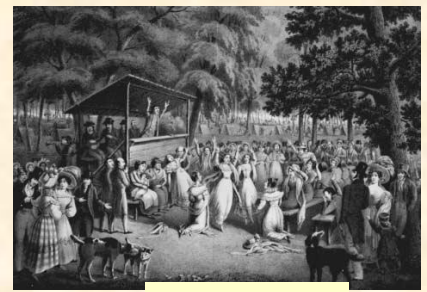


Less well known, perhaps, is his 1995 book *From Beginning to End*. Many have found Fulghum to be an unconventional writer and thinker to say the least.

Con't...



# Vitality



Camp Meeting

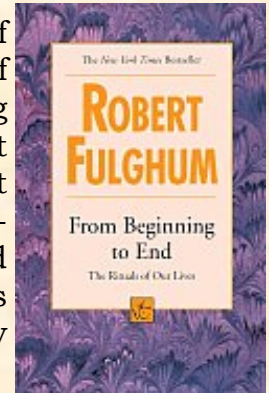
## REVIVALS

That's why he is a popular writer. Mostly his life-observations are drawn from concrete, everyday experiences that most of us take for granted. There should be little surprise about this given Fulghum's own life history. From his youthful days in



Waco, Texas and through his 70 years now living mostly in Seattle, Washington, Fulghum has been: ditch-digger, newspaper carrier, singing cowboy, ranch hand, IBM salesman, theology graduate student, parish minister, artist, tango-dancer, novelist, newspaper columnist, and popular college speaker. Fulghum is also a founding member of the rock-and-roll band Rock Bottom Remainers. Now in its fifteenth year, this collection of literary musicians gives an annual tour concert to raise money for literary charities. Authors joining Fulghum include Dave Barry, Stephen King, Amy Tan, Mitch Album, Scott Turrow, Roy Blount Jr., Ridley Pearson, James McBride, and Kathi Goldmark, among others. Fulghum sings, and he plays the guitar and the mando-cello.

What Fulghum does in *From Beginning to End* is tie the experience of revival to ritual. In other words, revival is a ritual, lifelong. Instead of revival as a discrete episode, revival is an on-going, daily life-defining necessity. "Between the first inhale at birth and the last exhale at death are all the little deaths and revivals." From going to bed at night and waking in the morning, from one love ending to new one beginning, from leaving home to entering college, from taking one major and switching to another, from an old job to a new one, from Waco, Texas to Seattle, Washington. Our lives are defined by these daily or weekly or yearly revivals from moments ending to moments beginning.



What Fulghum finds absolutely remarkable and perpetually inspiring is the stubborn capacity we all have for surviving what he calls the lesser deaths. "We fight back—reach out to find new ways and new friends and new places and new reasons for scrambling on." The human condition prods the human spirit into reviving itself almost in spite of itself.



Robert Fulghum

"How dull and meaningless and hopeless life can seem," Fulghum writes, "only to become exciting, vibrant, and filled with hope the next day. Whole nations come back from destruction and oppression—when great problems get addressed and resolved." Purpose and order devolve into emptiness and chaos and then back again to purpose and order. The word "revive" comes from the Latin stem word *vivere*, meaning "to be living." Add the re-prefix and we say we are "living again." Over and over again, day-in-and-day-out we revive ourselves from the little deaths. And in the process of this ubiquitous cycle, we find, as Fulghum observes, "all our exits may become entrances."