

Department Head Notes

A recent issue of *Inside Higher Education* (August 11, 2011) included a feature news piece titled “A Quickly Growing Major.” Here’s the opening lead: “By 2018, the number of physical therapists in the United States is projected to grow by 30.3 percent, but the number of students majoring in kinesiology—a field in which many physical therapists hold a degree—is growing at an even faster rate.” Ira Wojciechowska, the writer, briefly reviewed the history of the field of kinesiology, tying the increasing popularity of kinesiology to social relevance. Student interest in this field of study is outpacing overall percentages of enrollment increases in many universities. For example, at California State University at Fullerton (that’s where we snatched Professor Cheryl Cooky from), between 2002 and 2007 the university enrollment increased 15.5%, while kinesiology enrollments increased by 104%. Similar growth patterns were identified at University of Texas at Austin, LSU, and University of Maryland.

However, one of the complications of the current economic circumstances is the relative health of graduate programs in the field. While the bulk of students interested in pursuing graduate work is increasing (up between 20% and 29% for the same period), most of those students enter professional degree programs in medicine or allied health fields. Only about 1% of those students choose graduate school to pursue an academic career. In other words, fewer tenure-track type future faculty members are in the pipeline. Since preparing new professors is expensive, in the short run PhD programs are in decline. Shirl Hoffman, the executive director of the American Kinesiology Association, pointed to the West Coast as a region that has lost perhaps the greatest number of PhD programs. Nationwide, there are only 60 PhD programs preparing future academics. The obvious concern in the next decade or so when the baby boomers begin to retire in greater numbers is how our research universities will be able to produce research professors in greater numbers.

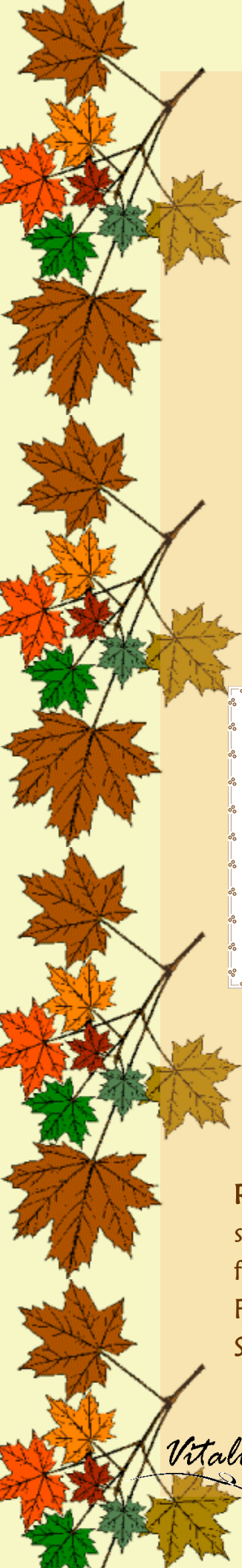
Cont’d.

1. Who needs a flu vaccine?

- a) You
- b) You
- c) You
- d) All of the above

See pages 8-9





Roberta Rikli, dean of the college of health and human development at California State Fullerton (did I already say that's where we snatched Cheryl Cooky from?) believes that while the current graduate program predicaments are a real issue, she hopes they are temporary and that universities begin reinvesting in their graduate programs: "As they start seeing the importance of studying physical activity as a social issue, and the need for research in this area and the need for faculty, then they'll see the need for (the program)s again."

I sincerely hope you all are off to a winning beginning of this, our newest fall semester at Purdue University. As always, please do the best you can do in everything you do.



Upcoming Calendar

Sat. Sept. 18 9-11 a.m. HHS Family Day Reception

Wed. Sept. 22 Last day for students to declare candidacy for December graduation

Mon. Oct. 4 5:00 p.m. Last day for grade correction for spring semester

Welcome Back to H&K, Rebekah!

Rebekah Williamson is returning this year as student office worker in the HK main office. Bekah is an art history major from Fishers, IN interested in art and lacrosse. She is a Resident Assistant at Windsor Halls.



Vitality



Purdue among Indiana's Healthiest Employers

University News Service reports that Purdue has been recognized as a finalist for the 2010 Healthiest Employers award, which recognizes organizations that proactively shape the health of their employees.

Fifteen Indiana organizations were named finalists Aug. 24 at an awards program held by Indiana Business Journal and Mavum Consulting. Purdue was a finalist in the 5,000-plus employee category, along with Community Health Network and Eli Lilly. Lilly was named the winner.

Purdue has been offering wellness services since 1995. Human Resources WorkLife Programs provides a variety of services to faculty and staff, including educational workshops and classes, nutrition counseling, mental health counseling, wellness screenings, flu shots and more.

Says Mindy Paulet, manager of WorkLife programs at Purdue, "We recognize that everyone is in a different stage of where they want to go and what they want to improve. We want everyone to enjoy their time at Purdue as a healthy and active employee."

This is the second year of the Healthiest Employers awards program in Indiana. The mission is to educate on the value of a healthy workforce and reward organizations that are wellness leaders. The Healthiest Employers award is given to companies that excel in six key areas of workplace wellness: culture and leadership commitment, foundational components, strategic planning, communication and marketing, programming and interventions, and reporting.

Defenses to be Presented

AJ Kraemer

MS degree Thesis Defense

Title: "Coach and Peer Predictors of Needs-Fulfillment and Self-Determined Motivation in Youth Soccer"

Thursday, Sept 23 at 10:00 a.m. LAMB 120


Tobin Silver

PhD Dissertation Defense

Title: "The Influence of Obstacle Type During the Recovery from a Trip During the Early Swing Phase of Walking"

Friday, Sept 24 at 10:00 a.m. PHYS 331

Vitality



Graduate School hosting workshops on “Human Subjects” and “Research Integrity”

HUMAN SUBJECTS:

The first and only ‘Human Subjects’ presentation this year will be Monday, September 20 from 5:00 – 6:30 p.m. in WSLR 116. Dr. Richard Mattes, Professor of Foods and Nutrition, will present this interesting topic.

RESEARCH INTEGRITY:

‘Research Integrity’ presentation will be on Wednesday, September 22 from 7:00 – 8:30 p.m. in LWSN 1142. Dr. Peter Dunn, Associate Vice President for Research and Professor of Entomology will be the presenter.

Students may register by clicking on:

[https://ias.itap.purdue.edu/rgs/
wgb_workshop.disp_online_workshop](https://ias.itap.purdue.edu/rgs/wgb_workshop.disp_online_workshop)

Pizza and beverage will be provided for both of these workshops.

Attn: Grad Students

The Grad School will be hosting

THESIS FORMATTING & DEPOSIT WORKSHOPS

Thursday, September 23 9 a.m. and 1:00 p.m. (identical sessions)

Stewart Center, Room 214


Strongly encouraged for Master’s and Ph.D. candidates planning to graduate December 2010 or Spring 2011

Interested faculty and staff also invited to attend.

****NOTE:** This is the **ONLY** workshop of this type presented this fall.

Vitality





In Sympathy

One of our pioneer faculty members, Dr. Anthony “Tony” Annarino, died the morning of September 9th after a lengthy bout with complications from a stroke he suffered early in 2010. Tony was a proud member of our faculty from 1951 until his retirement in 1988. His primary research was in the areas of curriculum design and instructional strategies. He was awarded Professor Emeritus status in 1989. Tony was also recognized by NASPE who honored him with its Curriculum and Instruction Academy Emeritus Award in 2001. Of all of Tony’s accomplishments, he was the proudest of his ascension to the Presidency of AHPERD in 1985.

For those of us who knew Tony, he was a one-of-a-kind faculty member who wasn’t afraid to share his thoughts and ideas broadly. We all cherished his loyalty and hard work in representing our department with integrity and honor in everything he did.

There will be a visitation on Sunday the 19th from 2-5 at Soller-Baker Lafayette Chapel, 400 Twyckenham Blvd. Memorials may be made to West Lafayette Tree Fund, 609 W. Navajo, West Lafayette, IN 47906.

Grad Program on Facebook

HK Grad Program now has a Facebook page! The link to our page is listed below. You do need to have a Facebook account to access our page. Also, I will be the one maintaining and updating the page in hopes that it will remain a professional and informative resource.

Please share with me any information or events you would like to post to the page as I am hoping that this will be used not only by current students but by future students as well. I have posted pictures from grad orientation week and have posted several links to our departmental website and other information. Steve Howell will also be posting a link to the Facebook page on our HK website.

www.facebook.com/purdueHKgradprogram

Vitality

\$1.5 million Grant to Benefit Indiana African-Americans

Titilayo Okoror is co-principal with William “Bart” Collins of Purdue’s Regenstrief Center on a project to reduce the incidence of heart disease in the high-risk African-American population in Indiana. A technology hub will be created to allow partners and patients to post information, collaborate online, offer feedback and build technology-based community infrastructures. Funded by the Agency for Healthcare Research and Quality, the three-year project will support a community-driven and culture-centered approach to heart disease prevention. More information may be found at <http://www.purdue.edu/newsroom/research>.

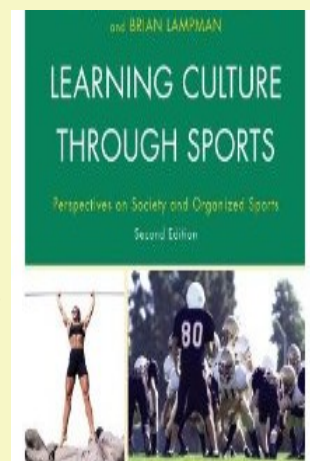


Faculty Publications



Cooky, C., Wachs, F. L., Messner, M. A., and Dworkin, S. L. (2010) It's Not About the Game: Don Imus, Race, Class, Gender and Sexuality in Contemporary Media. *Sociology of Sport Journal*, 27, 139-159.

Cooky, C. (2010). Do Girls Rule?: Understanding Popular Culture Images of “Girl Power!” and Sport. In S. Spickard Prettyman & B. Lampman (Eds). *Learning Culture Through Sports: Perspectives on Society and Organized Sports*, 2nd. edition. (pp. 210-226). Lanham, Maryland: Rowman & Littlefield.





PALS/PEFCU present game day ball!



As part of PEFCU's Purdue Athletic Sponsorship, PEFCU is the exclusive presenter of the "game ball delivery" prior to each home game. PEFCU contacted Dr. Harper and Kim Lehnen for names of PALS children that would be good candidates. We selected several children from this summer's camp who were chosen as outstanding campers in their individual team.



Katelynn Hall, from Frontier Elementary, was the first PALS presenter at the game on September 11. Each child receives 4 game tickets, free parking, as well as an autographed Coach Hope football. We received a letter from Katelynn's family expressing what a great time their family had and what great memories they made.



We thank PEFCU for their continued support of PALS all year long!



Vitality



Alleviating Allergy Aggravation

Bugged by a banana? Hazed by a hazelnut? Up to a third of pollen allergy patients suffer from oral allergy syndrome, notes the American Academy of Allergy, Asthma, & Immunology (AAAAI).

The immune system treats proteins similar to those in pollen that are sometimes found in fruits or vegetables the same way and is called cross-reactivity.

Foods to Watch Out For

Here are foods that may have proteins that cross-react with pollen proteins:

Ragweed Allergy: People with ragweed allergies may react to honeydew, cantaloupe, and watermelons, or tomatoes. Zucchini, sunflower seeds, dandelions, chamomile tea, and echinacea also go on that list, notes the AAAAI's web site.

Birch Pollen Allergy: People with birch pollen allergies may react to kiwi, apples, pears, peaches, kiwi, plums, coriander, fennel, parsley, celery, cherries, carrots, hazelnuts, and almonds.

Grass Allergy: People with grass allergy may react to peaches, celery, tomatoes, melons, and oranges, the AAAAI states.

Latex Rubber Allergy: Like pollen allergy, people allergic to latex rubber may react to bananas, avocados, kiwi, chestnut, and papaya.

The Flu and You...

The U.S. Public Health Emergency for 2009 H1N1 Influenza expired on June 23, 2010. On August 10, 2010, the World Health Organization (WHO) International Health Regulations (IHR) Emergency Committee declared an end to the 2009 H1N1 pandemic globally.

The U.S. 2010-2011 seasonal influenza vaccine will protect against an H3N2 virus, an influenza B virus, and the 2009 H1N1 virus that emerged last year to cause the first global pandemic in more than 40 years.

CDC recommends that everyone 6 months and older get a 2010-2011 flu vaccine for the upcoming season as vaccine is available.

2010 Seasonal flu shot information

PURDUE
UNIVERSITY

HUMAN RESOURCES
WorkLife Programs



WorkLife Programs will partner with Maxim Health Systems to provide seasonal flu shot appointments on the West Lafayette campus.

Use the online registration system to make an appointment for yourself or your spouse/same-sex domestic partner at least 24 hours in advance. Then show up with your PUID and get your flu shot. This year's flu shot contains the H1N1 vaccine, so only one shot is needed. It's that simple!

Seasonal flu shots on campus are only offered to benefit-eligible faculty and staff, graduate staff, official Purdue retirees, and their spouses/same-sex domestic partners. Purdue University covers the cost of the vaccine to keep employees healthy. Please see your health care provider for dependent vaccines.

Can't make any of these dates on campus? Here are other options.

Retail Location Coupons: Maxim Health Systems has seasonal flu shots available at retail locations. Go online to see dates and locations. Print a coupon. Take coupon and your PUID to the scheduled retail flu shot clinic.

Health Care Provider: All Purdue health plans cover the seasonal flu vaccine for employees and covered dependents.

Monday, October 11 Noon-7 p.m.	STEW 218 128 Memorial Mall
Thursday, October 21 9:30 a.m.-4:30 p.m.	STEW 214
Friday, October 22 9:30 a.m.-3:30 p.m.	Ross-Ade Stadium (north end by coffee shop and Purdue Pride) 350 Victory Dr.
Tuesday, October 26 10:30 a.m.-5:30 p.m.	STEW 214
Wednesday, October 27 5 a.m.-noon	STEW 214
Thursday, November 4 9:30 a.m.-3:30 p.m.	FREH 1-1/1-2 401 S. Grant St.
Friday, November 5 9 a.m.-4 p.m.	WorkLife Programs (PWF) Purdue West Shopping Plaza 1402 W. State St.
Starting November 8 Monday - Friday 8:30 a.m.-4:30 p.m. Based on vaccine availability	Purdue University Student Health Center (PUSH) 601 Stadium Mall Drive Urgent Care Center on the Ground Floor. Walk-ins. You may experience some wait time. Bring PUID.

Check www.purdue.edu/worklife to register for a campus appointment or to print a retail location coupon.

Questions? Call 49-45461.

Vitality

Giving Consciousness the Slip

*Just yesterday morning they let me know you were gone
Suzanne the plans they made put an end to you
I walked out this morning and I wrote down this song
I just can't remember who to send it to*

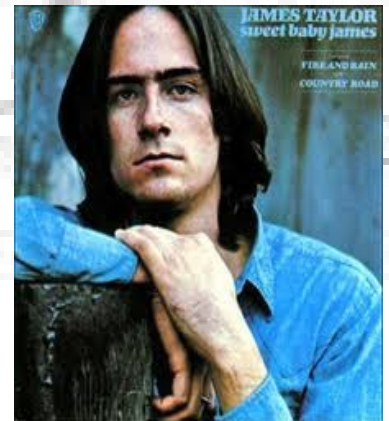
When singer/songwriter James Taylor was 17 he dropped out of Milton Academy, a prep boarding school. He committed himself to a mental institution, McLean Hospital in Belmont, Massachusetts.

*I've seen fire and I've seen rain
I've seen sunny days that I thought would never end
I've seen lonely times when I could not find a friend
But I always thought that I'd see you again*

For the next nine months he was treated at McLean for deep depression. Once semi-cured, Taylor moved to New York, formed a band (The Flying Machine), ran with some ruffians and misfits, got hooked on junk (heroin). "It was as easy to get high in the Village as get a drink," James recalled.

*Won't you look down on me, Jesus
You've got to help me make a stand
You've just got to see me through another day
My body's aching and my time is at hand
And I won't make it any other way*

Eventually James righted himself, but not without with more institutionalized help: about six months of drug rehab in the Austen Riggs Center in Stockbridge, Massachusetts. So James Taylor's early years were more conspicuous than auspicious. Yet by 1970, then 22 years old, and still early in his troubles (two divorces, more contests with the junk—methadone and alcohol—would follow), Warner Bros. Records released *Sweet Baby James*, Taylor's breakout album that eventually reached #3 on the Billboard Album Charts. The album was also nominated for a Grammy in 1971; it sold three million copies.



Cont'd.

FIRE AND RAIN

"Fire and Rain" was on that album. Suzanne Schnerr was James Taylor's friend. She committed suicide after being put into an isolation cell in the same psychiatric hospital James was residing in. But this song was also the short story of James' own down-spiraling, soul-emptying fall. "Yes, it just took me a long, long time. To integrate. At least to the extent that I have now," James said in a 2009 interview. "It was a dangerous passage. It could have killed me. At six or seven specific points in my life I could have easily died. I made it through. It just took a *long* time. I wouldn't suggest it as a method for anyone to emulate. It was a lot of wasted time."

I've been walking my mind to an easy time

My back turned towards the sun

Lord knows when the cold wind blows it'll turn your head around

Well, there's hours of time on the telephone line

To talk about things to come

Sweet dreams and flying machines in pieces on the ground

Still a puzzle to Taylor today, is that he actually made it on the cover of *Time* Magazine in 1971. His passage from anti-hero to hero since then doesn't require much headiness. James Taylor's gift and talent is as a friend speaking to us at the same time he is speaking for us. Taylor has been described by those who know him well as self-effacing, affable, gentle, poetic, shy, sensitive, honest, earthy, and thoughtful.

Paul Zollo, of *bluerailroad: A Magazine of the Arts*, recently interviewed James Taylor. In that interview Taylor said he has written about 150 songs; but more accurately, he confided, "what I've done is written 25 songs ten times." When he reflects on the "place" where these lyrics and melodies arise, he is definite: primarily from the unconscious world. Whether "Copperline," "Sweet Baby James," "Millworker," "Country Road," "Walking Man," or whatever—he says there is an unconscious or non-conscious gestation phase to most all of them. It isn't that he doesn't have his work cut out for him as the song takes its shape; it's just that the idea for the song—sometimes even including some of the lyrics and melodies—arrives, unsummoned.



Cont'd.

Vitality

FIRE AND RAIN

*Thought I'd see you one more time again
There's just a few things coming my way this time around,
Thought I'd see you, thought I'd see you fire and rain, now
Thought I'd see you just one more time again.*

When Zollo pressed Taylor on what he meant, the songwriter admitted he didn't exactly know what he means by an unconscious source. But he does say that a song's arrival is often not under his control. He calls it giving our individual consciousness the slip. And where you're trying to go, he says, is to be in the present, to relax the control, to be un-analytical, without examination and scrutiny—to receive, not fetch. This, Taylor believes, gets really close to understanding something about why, for some reason, we are on planet earth. "And maybe the reason we're here is to burn fossil fuels, I don't know. But we're here for some unknown reason." And waiting for songs to just flat out arrive is to experience a type of reality that announces the mystery of our existence, of our universe. In that sense, the gifted songwriter becomes more the way John Lennon has said songwriters are, like receivers tuned to pick up radio waves.

"Secret 'o Life' is one intact in an after-James recalled, and to Einstein: Now the time/Isn't really of view/How does it he could never un-spinning through



of those songs that came noon a few years ago," even in it the reference thing about time is that real/It's just your point feel for you/Einstein said derstand it all/Planets space/The smile upon

your face/Welcome to the human race. For Taylor—whether reflecting on the way he receives much of his song inspiration, or the way thereby he believes he has learned something about the mystery of living a life—he has found a kind of rapprochement with time, with simply enjoying the passage of time. Taylor knows this can come off as mere cliché, and he even calls the idea hackneyed, but he remains convinced that the simple message of "Secret 'o Life" is this: "To be in the present moment, to actually be able to tolerate being here and now as opposed to being obsessed with what's about to happen or reliving something that's happened in the past over and over again. They say that the future doesn't exist and the past is unchangeable so the present moment is really all we've got."

Vitality

Cont'd.

FIRE AND RAIN

So it is this kind of attitude that both accounts for Taylor's ability to see and hear some songs before they exist in any form and before they are shared; it is also an attitude that makes it possible for us all to find a life-line we are free to catch or not by living more in the present than we customarily do. The catching itself brings with it a giving-in to something unknown; and what can be caught is available for the taking even though seemingly uncalled for.

James Taylor, and at this point in his life, lives by way of a hard-won sense of acceptance and gratitude: "Acceptance, that's right, and surrender. That and gratitude are the basic appropriate attitudes. So says the platitude. There's nothing new under the sun. It's a re-statement of things that have been said before, but that bears repeating." Over time, James continued, "you want to be a little bit fonder of your burdens, because they're what make life interesting, and they're basically what your work is in this life." Problems and fears, in other words, define us as tellingly as our hopes and our dreams do. Our past brought us here. Our future is unknown destiny. But by learning to deal right now with what we have become and with whatever lures us on, we also learn how to encroach on the nurturing silence that foretells a life beyond the reach of both our past and our future.

Oh, I've seen fire and I've seen rain

I've seen sunny days that I thought would never end

I've seen lonely times when I could not find a friend

But I always thought that I'd see you, baby, one more time again, now



Vitality