

<http://www.cla.purdue.edu/hk/hkadvising>

PRESCRIBED COURSES TO MEET LA CORE REQUIREMENTS: Credit or equivalent experience must be established in the following courses by examination for credit, by including them in choices to meet the general education core requirement or by taking them as electives.

- |                                    |                             |
|------------------------------------|-----------------------------|
| 4__BIOL 203 Human Anat. & Phys.    | 3__PSY 120 Elem. Psychology |
|                                    | <b>OR</b>                   |
| 3__F&N 303 Essentials of Nutrition | 3__SOC 100 Intro Sociology  |

Cr. Hrs.

A. THE FOLLOWING REQUIRED COURSES IN HK.....32

- 1\_\_HK 135 Introduction to Health & Kinesiology
- 2\_\_HK 280 First Aid
- 3\_\_HK 215 Basic Health Studies
- 3\_\_HK 261 Applied Anatomy and Kinesiology (prerequisite: BIOL 204) **OR**
- HK 263 Biomechanical Foundations of Motor Skills (prerequisites: MATH 152 or equivalent, BIOL 203)
- 3\_\_HK 266 Health & Fitness in Clinical/Worksite Settings (prerequisite: HK 215)
- 1\_\_HK 269 Practicum Introduction and Preparation (prerequisite: Consent of Instructor)
- 3\_\_HK 366 Health Behavior and Health Promotion (prerequisite: HK 266)
- 3\_\_HK 368 Exercise Physiology I (prerequisite: BIOL 204)
- 3\_\_HK 385 Methods of Health Promotion and Education (prerequisite: HK 266)
- 3\_\_HK 421 Health Screening & Fitness Evaluation & Prescription (prerequisite: HK 368)
- 3\_\_HK 422 Clinical Experiences in Health & Fitness (prerequisite: HK 421)
- 3\_\_HK 424 Health & Fitness Program Management (prerequisite: HK 266)
- 1\_\_HK 489 Professional Development in Health & Fitness (prerequisites: Seniors Only, Consent of Instructor)
- 0\_\_HK 392 Cooperative Work Experience IV (prerequisites: HK 269 and Consent of Instructor)

B. THE FOLLOWING REQUIRED COURSE IN ANOTHER DEPARTMENT:.....4

- 4\_\_BIOL 204 Human Anatomy & Physiology (prerequisite: BIOL 203)

TOTAL REQUIRED FOR THE MAJOR .....36

**Students must earn a C or better in all HK courses (including previous PE, H&S, and HPER).**

Students completing this program will qualify to take the American College of Sports Medicine Health/Fitness Instructor exam.

**SEE REVERSE FOR ADDITIONAL INFORMATION**