

DEPARTMENT OF HEALTH AND KINESIOLOGY
Spring 2012 Textbook List
HK & PES

Contact Person
Donna Steele
 494-3170
 Updated Dec. 15, 2011

Course No. & Title	Professor/ Instructor	Title of Text and/or Materials	Author	ISBN No.	Edition	Publisher & Date	Est. Enroll	Opt or Req.
HK 101 * #20359 Lec/Lab Clin Prac AT Orient	MA Wilcoxson	COURSE PACKET Quality Copy					60	
HK 103 #20361 Lab Crtve Rhythms & Dance	J. McEwan	COPYMAT PACKET					24	
HK 104 #59949 Lab Ed. Gymn & Adventure Ed.							24	
HK 113 * #44422 Lec #44421 Lab Pract. Appl H/F Concepts II	T. Hodge G. Thorne	Trail Guide to the Body	Andrew Biel	978-09826634-0-0	2010	Books of Discover	48	REQ.
HK 114 * #20397-Lec #20398 -Lab Teaching Fitness PE	C. DeHaven	Phys. Ed. For Lifelong Fitness Phys. Best Act Guide- elementary level OR Middle/High School	Physical Best/NASPE	0-7360-8116-x 0-7360-8117-8 0-7360-8117-6	3 rd /2011 3 rd /2011	Human Kinetics	24	REQ. OPT.
HK 118 * #44424 Lab Analysis of Sport Perf.	T. Hodge/ D. German	Essen. Of Strgh Tng & Conditioning	NSCA	13: 9780736058032	2008	Human Kinetics	30	REQ.
HK 119 * #59929 Lab Instruct Tech of group ex	T. L. Hodge	Methods of Group Exercise Instruction	C. Kennedy Mary Yoke	13: 9780736075268	2009	Human Kinetics	35	REQ

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HK 120 * #60187	T. Hodge/D. German	Essen. Of Strgh Tng & Conditioning	NSCA	13: 9780736058032	2008	Human Kinetics	20	REQ.
HK 135 * #20403 #20402 Intro Health & Kines	J. Cavalier	NO TEXT REQUIRED					140	
HK 200 #20407 – 1 #20404 – 2 #20405 – 3 #20406 - 4 Healthy Lifestyles		A Wellness Way of Life	Robbins, Powers & Burgess	13: 9780073523835	9th	McGraw Hill	120	REQ.
HK 201 #20430 Clin Prac AT Assist	MA Wilcoxson	BLACKBOARD					22	
HK 208 * #20432 - 1 #20431– 2 #20434 – Lab #20433 - Lab Prev & Trtmt Athl. Inj	C. Voll	Heartsaver First Aid with CPR & AED Student Workbook	American Heart Association	0-87493-478-8	2006	American Heart Association	56	REQ.
		Essentials of Athletic Injury Management	Prentice & Arnheim	9780077382018	8 th , 2010	McGraw Hill		REQ.

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HK 211 * #44436 Clin Appl.of Health/Fitness 1	L. Yahiro	Strength Ball Training	Goldenberg & Twist	10:0-7360-6697-7	2 nd , 2007	Human Kinetics, 2 nd , 2011	30	REQ
HK 215 * #21459 - 1 #38390 - 2 #38391- 3 Basic Health Studies	R. Lyle Distant Learning	Health The Basics The Green Edition OR e-book version www.coursesmart.com/	R.J. Donatelle	0-321-52302-4 0321667247	9 th 9 th	Benjamin Cummings 2010	75	One or the other is REQ.
HK 219 #20442 Lec Pers & Com Health		Core Concepts in Health (with connect Plus access card)	P. Insel & W. Roth	9780077394547	12th	McGraw Hill	30	REQ.
HK 225 #47031 – 1 #20446– 2 #20447 – 3 Sexuality and Health		Our Sexuality	Crooks & Baur	0495812943	11 th , 2011	Wadsworth Cengage Learning	105	REQ.
HK 226 * #20451–1 #20450 – 2 #20449– 3 Contemp Women's Health	(Lyle)	New Dimensions in Women's Health	Alexander et al.	978-0-7637-6592-7	5 th ; 2010	Jones & Bartlett	90	REQ.

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HK 231 #20454- 1 #20453 - 2 Substance Abuse & Hlth		Drugs and Society	Gr hanson, PJ Venturelli, AE Fleckenstein	978-1449613693	11th	Jones & Bartlett, 2012	60	REQ.
HK 233 #55304 – 1 #45714– 2 Stress & Human Health		Comprehensive Stress Management	Jerrold S. Greenberg	9780073380919	12 th /2010	McGraw Hill	70	REQ.
HK 235 #60232 Tech Ed Soph Seminar	T. Templin						30	
HK 250 * #60272 Clin Apps of Sport I	T. Hodge	NO TEXTBOOK REQ.						
HK 253 * #60158 #60159 #60160 #60256 #60157 Prin of Motor Development	L. Claxton	Human Motor Devel.: A Lifespan Approach	Payne and Isaacs	978-0-07-802249-4	8 th /2011	McGraw-Hill	48	REQ.
HK 261 * #20464 Appl Antmy Kinesiology	V. Zinsmeister	Trail Guide to the Body	Andrew Biel	978-0-9826634-0-0-	4th	Books of Discovery	48	REQ.

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HK 263 * #20466- Lec #20468 #20467 #44920 #20468	S. Rietdyk	Basic Biomechanics COPYMAT PACKET	Susan J. Hall	0-07-337644-2	6 th , 2011	McGraw Hill	85	OPT. REQ.
HK 264 * #59948 Lec. Motor Learning, Dev & Biomech	J. Haddad	NO TEXTBOOK REQ.					30	
HK 266 * #20471 Intro Hlth/Fit Prog.	S. P. McKenzie	NO TEXT REQUIRED					45	
HK 269 * #60188 Career Hlth/Fit Fields	T. Hodge	NO TEXT REQUIRED					40	
HK 301 #20500 Clin Prac AT Associate	MA Wilcoxson	COURSE PACKET					21	

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HK 304 * #20502- Lec #20501- Lab Therapeutic Exercise	J. Stein/ J. Lipsett	Therapeutic Exercise: From Theory to Practice	M. Higgins	978-0-8036-1364-5	1 st /2011	F.A.Davis Co.	16	REQ.
HK 306 * #20503– Lec. #20504 - Lab Injury Assessment II	L. Leverenz	Exam. of Orthopedic & Athletic Injuries and Orthopedic & Athletic Injury Eval. Handbook (Package)	Starkey, Brown, Ryan	978-0-8036-1896-1	3rd	F.A. Davis 2010	15	REQ.
		Physical Examination of the Spine and Extremities	Hoppenfeld	0-8385-7853-5	13th	Appleton Century Crofts 1976		REQ.
HK 311 * #59540	T. Hodge	NO TEXT REQ.					40	
HK 319 * #20506 Teach Health Mid/Jr HS	K. Bailey	Comp. School Hlth Ed: Totally Awesome Strat for Tchg Health	Meeks, Heit, Page	978-0-07-340466-0	7 th	McGraw-Hill	30	REQ.

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HK 320 * #20508 – 1 #20509– 2 # 59548 - 3 Health Educ Elem Sch	K. C. Bailey	Health Education: Elementary & Middle School Applications	Telljohann, Symons, Pateman	9780073529684	7th	McGraw Hill	90	REQ.
HK 322 * #20511- 1 #20510 - 2 #20512 - 3 #20514 - Lab #20513 - Lab #20515 - Lab Phys Ed Elem School	S. Hope	Dynamic Physical Education for Elementary School Children	Pangrazi/Beighle	978-0-321-59253-8	16 th	Benjamin Cummings 2010	75	REQ.
HK 330 #20518- Lec #44074- Lab Teaching PE	K. Richards	Instr. Models for Phys. Ed.	Metzler	978-1-934432-13-6	3 rd , 2011	Holcomb Hathaway	25	REQ.
HK 335 #20520 Teach. Ed. Jr. Seminar	T. Templin	Standards-based Phys. Education Curriculum Development	J. Lund/ D. Tannehill	978-763771591	2010	Jones & Bartlett	45	REQ.
HK 346 * #20521 Field Exper in Coach	WA Harper	NO TEXT REQUIRED						
HK 350 * #60273	T. Hodge	NO TEXTBOOK REQ.						

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HK 366 * #20522 -Lec #60781 Health Behav. Promo	G. Hyner	Health Behavior Change	Rollnick, Mason, Butler	0-443-05850-4	1999	Churchill Livingstone	80	REQ.
HK 368 * #20525- Lec #20531 #20527 #20528 #20526 #20529 #20530 #60231 #60230 Exercise Physiology I	D. Sedlock	Physiology of Sport and Exercise LAB MANUAL AT COPYMAT	Kenney, W. Larry	9780736094092	5 th , 2011	Human Kinetics	96	REQ.
HK 372 * #60263 #60264 #60265 #60261 #60262 Sport & Exer. Psychology	M. McDonough	Found. Of Sport and Exer. Psychology Print or online version	Weindberg & Gould	0-7360-8323-5	5 th , 2011	Human Kinetics	48	REQ.
HK 385 * #45250-Lec #60234 Meth Hlth Promo & Ed	S. P. McKenzie	Planning, Implementing, and Evaluating Health Promotion Programs	J.F. McKenzie B. Neiger R. Thackeray	978-0-321-54216-8	5 th	Pearson 2009	90	REQ.

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HK 401 #20566 Clin Prac AT Lead	A. Wilcoxson	TBD					27	
HK 402 * #60184 Path Allied Health Prof	V. Zinsmeister	Pathology for the Health-Related Professions	I. Damjanov	9781416000310	3 rd	Elsevier	45	REQ.
HK 409 * #60210 Seminar in Sports Med	D. Miller	General Medical Cond. In the Athlete	Cuppett & Walsh	978-0-323-05921-3	2012	Elsevier Mosby	20	REQ.
HK 411 * #59554 Clin App of Health/Fit III	L. Yahiro	NO TEXT REQ.					15	
HK 421 * #20569 - Lec #20571 - Lab #20573 #36777 #20570 Hlth Screen & Eval.	L. Yahiro	ACSM's Guidelines for Exercise Testing and Prescription COPYMAT PACKET ACSM's Health Related Physical Fitness Assessment Manual	ACSM ACSM	9780781769037 9780781797719	8th 3 rd , 2009	Lippincott Williams & Wilkins Lippincott Williams & Wilkins	60	REQ. REQ. REQ.

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HK 422 * #20574 – Lec Basic Exer. Prog Design	L. Yahiro	ACSM's Guidelines for Exercise Testing and Prescription	ACSM	0-7817-6903-5	9th	Lippincott Williams & Wilkins	70	REQ.
		ACSM's Metabolic Calculations Handbook	American College of Sports Med.	9780781742382	1 st , 2006	Lippincott Williams & Wilkins		REQ.
HK 435 * #20582 Student Teaching Sem	C. DeHaven	COPYMAT PACKET					20	REQ.
HK 440A #54340 Human Diseases Disor	G. Hyner	Essentials of Human Disease	Leonard Crowley	9780763765903	2011	Jones and Bartlett	80	REQ.
HK 445 * #45087 #20583 Principle Epidemiology	D. Black	Epidemiology	L. Gordis	9781416040026	4th, 2009	Elsevier Saunders	80	OPT.
		Control of Communicable Diseases Manual	D.L. Heymann	08755-034-6	19 th , 2008	Amer. Public Health		OPT.
		A Dictionary of Epidemiology	J.M. Last	0195141695	5 th , 2008	Oxford Univ. Press		OPT.
		Epidemiology Kept Simple	B.B. Gerstman	0-471-40028-9	2 nd , 2003	Wiley-Liss		OPT.
		Intro. to Epidemiology	Black, D. R. Ardaugh, B	9780982537404	7th, 2011	CSPSM Press		REQ

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HK 458 * #59549	H. Zelaznik	NO TEXTBOOK REQ.						
HK 465 #46604 60373	D. Klenosky	Methods in Behavioral Research	P. Cozby	9780078035159	11 th	McGraw-Hill	60	
HK 468 * #20586 Adv Exercise Physio II	S. Newcomer	Exercise Physiology: Theory and Application to Fitness and Performance	S.K. Powers & E.T. Howley	978-0-07-337647-9	7th	McGraw Hill 2009	45	REQ.
HK 469 * #60366 Ex/Test Presc Spec Pop	S. McKenzie	ACSM's Guidelines for Exer. Testing & Prescr.	ACSM	13:9780781769037	8 th , 2010	Lippincott, Williams & Wilkins	40	REQ.
HK 476 #59547 Olympic Gms: Anc & Mod.	W. Harper	COPYMAT PACKET					60	
HK 490 #60366 TA Motor Func Older Adults	J. Haddad	Found. Of Sport & Exer. Psychology	R. Weinberg/D. Gould	0-7360-83235	5 th /2011	HumanKinetics	48	REQ.
HK 490B #54406 #54408 #54407 #54403 Motor Func in Older Adults	J. Haddad	NO TEXTBOOK REQ.						

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HK 492 * #44109 Prof Work Experience IV	T.L. Hodge	NO TEXT REQUIRED						
HK 496 #20600 Ind Inqry Mvmt Spt Sci	L. Claxton						40	
HK 567 #59579 Epi PH Practice	P. Troped	NO TEXT REQUIRED					15	
HK 56801 #60195 Intro to Env Health	F. Rosenthal	Environmental Health: From Global to Local	H. Frumkin, ed.	978-0-470-40487-4	2 nd , 2010	Jossey-Bass	15	REQ.
HK 570 #60366 Gender Issues in Sport	C. Cooky	TBD					15	
HK 592 * #45881 Public Health Practicum	TL Hodge	NO TEXT REQ.						
HK 621 #60238 Seminar in Public Health	T. Okoror	Introduction to Public Health	M.J. Schneider	9780763763817	3 rd	Jones and Bartlett 2011	20	REQ

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PES 111 #23869 #23868 #23867 #23866 Lifetime Fitness		NO TEXT REQ.					50	
PES 112 * #23871 #23872 #23873 Beginning Swim		Swimming and Water Safety Manual	American Red Cross	978-1-58480-446-8	3rd	Staywell 2009	72	REQ.
PES 114 * #23876 #23877 Weight Tng.		NO TEXT REQ.					40	
PES 114A #56230 #59944 #59943 Exer & Fitn							75	
PES 114B * #59920– Lab #59921 Exercise to Music		NO TEXT REQUIRED					120	
PES 114C #57021 Army ROTC Cond.	D.W. Keeler	NO TEXT REQUIRED					150	

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PES 114D #59973 AFROTC Cond.	J. Law	NO TEXT REQUIRED					250	
PES 114E #23884 NROTC Marine Conditioning	T. L. Butts	NO TEXT REQUIRED					200	
PES 115A #23887 thru #23895 #47471 10 Labs Bowling	DL Wiedman	NO TEXT REQUIRED					300	
PES 116C # 23901 Thru #22905 5 labs Golf	D Ross	Golf Naked	Greg Rowley	9780981531953	2nd	Pick It Up Publishing	125	
PES 116 #23911 MBA Students GOLF only	D. Ross	Golf Naked	Greg Rowley	9780981531953	2nd	Pick It Up Publishing	25	
PES 116B #23915 - 1 #54467 - 2 Beginning Tennis	J. Braden	Tennis Fundamentals	C. Matsuzaki	9780736051514	2004	Human Kinetics	24	REQ.

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PES 11600A #46377 Intermed Tennis	J. Braden	NO TEXT REQUIRED						
PES 11600 #34162 Advanced Tennis	J. Braden	NO TEXT REQUIRED						