



2011 PALS Parent Handbook



Program Dates

June 16-July 15, 2011

No camp on July 1st and 4th

Family Night: June 30, 2011

Welcome to the 2011 Purdue Athletic Life Success Program (PALS) at Purdue University!

Purdue University had been a proud and award-winning participant in the partially federally funded National Youth Sports Program (NYSP) since 2002. At that time there were over 200 participating national programs. Federal funding was discontinued in 2007 and the national headquarters for NYSP closed its offices. We were able to find additional funding to continue running our camp. It's new name is PALS. PALS is a summer day program providing opportunities for children ages 8-14 of income-qualifying families to participate in sports, health and fitness, and life success skills. Purdue is one of the few universities nationwide to continue providing this outstanding youth-development program. There is NO COST to participants.

PALS participants receive:

- Free t-shirt and swimsuit
- Daily USDA approved meals
- Transportation to and from campus where possible
- A medical examination if needed
- Accident-medical insurance coverage
- Interaction with college students and staff
- Instruction in swimming, physical fitness, and a variety of other sports which may include soccer, basketball, volleyball, softball, tennis, etc.
- Training in nutrition, personal health, and citizenship skills
- Fun experiences in computers, writing, and financial literacy
- Community service learning
- Career education

PALS sessions will be held weekdays from 7:30 am to 2:25 pm beginning **Thursday, June 16th** and ending **Friday, July 15th**. PALS will **NOT** be held on July 1st and 4th. Thank you so much for your participation in PALS at Purdue. We are looking forward to a GREAT summer!

Why We Do It...



FAIRNESS



CARING

EA/EOU



RESPECT



RESPONSIBILITY



TRUSTWORTHINESS

CITIZENSHIP

2011 PALS Daily Schedule

7:30 to 8:10 a.m.

Roll Call and Breakfast

8:20 to 10:40 a.m.

Each group will rotate to 3 different stations within this time slot

10:50 a.m. to 11:30 a.m.

Lunch

11:40 to 2:00 p.m.

Each group will rotate to 2 different stations within this time slot

2:10 to 2:25 p.m.

PM Snack and Depart

Activity rotations will change daily based on the group in which your child is placed. Each child will be given an activity rotation specific to his/her group on the first day of PALS.



How to Contact PALS

Purdue's PALS Office

Kim Lehnen, Camp Co-Director, 494-3178

Please Note: Calls cannot be returned until the end of the day as we are out at camp until around 3:00 each day. Calls will be returned as soon as we are able at the end of each day. If you have an emergency, please call the main office (494-3170) and they can contact us out at camp.



Website

Visit PALS at Purdue on the web at:
<http://www.cla.purdue.edu/hk/pals/>

Rules for Participants

1. Attendance

All participants are expected to attend the program every day, be on time to PALS, and depart after dismissal.

If you are arriving late, please call to let us know.

You are not allowed to leave Purdue's campus prior to 2:25 pm unless we have been notified in advance.

2. Participation

You must participate in every PALS activity at all times until a staff member instructs you to do otherwise. This includes swimming.

We ask that you try to do your best throughout the day.

3. **Proper Attire**

- DO NOT BRING VALUABLES (money, jewelry, CD players, I-pods, cellphones, or any hand-held toys/games). No back packs, purses, or bags allowed at camp.
- You must wear tennis shoes that are tied at all times, shorts or sweat pants, and a shirt. Absolutely NO sagging pants, low-cut tank tops, flip flops, dresses, skirts, or midriff tops allowed. Please wear shorts that are appropriate in length.
- Participants will NOT wear or carry objects, clothing, or jewelry reflecting vulgarity, alcohol, drugs, violence, or sex.

4. **Cafeteria Rules**

- NO throwing food or drinks in the dining hall.
- NO food or drinks may be taken from the dining hall.
- Always empty your tray in the proper place.
- When you are finished eating, clean your area, push in your chair, and put away your tray.



5. **Behavior**

- Fighting will not be tolerated and could result in dismissal from PALS.
- NO WEAPONS OF ANY KIND WILL BE ALLOWED. All weapons will be confiscated and the offending participant will be immediately removed from PALS.
- Any participant in possession or under the influence of alcohol, drugs, or tobacco will be removed from PALS.
- All participants will refrain from using obscene language.
- Theft of another person's property or deliberate damage to any Purdue facility/equipment will result in being removed from PALS.

Suggestions for Parents and Guardians

1. Read this handbook and keep it handy as a reference guide.
2. Your child will be swimming. Towels are provided by PALS.
3. Please make sure your child leaves home dressed appropriately for PALS activities.
4. Ask your child "What did you do at PALS today?"
5. Be assured that you will be contacted immediately if your child is involved in any incident that is cause for concern.
6. If your child will be absent, please send a written note to Kim Lehnen in advance with the days on which he/she will be absent.

Bus Rules

1. All PALS rules of participation will be followed while riding on (and waiting for) the bus.
2. Remain seated on the bus at all times and observe all rules for bus passengers.
3. There will be PALS staff/supervision on every bus at all times.

