

Student: \_\_\_\_\_ PUID: \_\_\_\_\_ Catalog Term: \_\_\_\_\_

Additional Majors: \_\_\_\_\_ Minors: \_\_\_\_\_

**Core Competency Requirements (27-28 credits)**

- \_\_\_\_ (3) \_\_\_\_\_ *Arts & Literature Selective – select from list*
- \_\_\_\_ (3) \_\_\_\_\_ *COM 11400 Fundamentals of Speech Communication*
- \_\_\_\_ (3) \_\_\_\_\_ *Conceptual & Critical Thinking Selective – select from list*
- \_\_\_\_ (3) \_\_\_\_\_ *Culture & Diversity Selective – select from list*
- \_\_\_\_ (3) \_\_\_\_\_ *Culture & Diversity Selective – select from list*
- \_\_\_\_ (3) \_\_\_\_\_ *Culture & Diversity Selective – select from list*
- \_\_\_\_ (4-3) \_\_\_\_\_ *ENGL 10600 First-Year Composition or ENGL 10800 Accelerated First-Year Composition*
- \_\_\_\_ (3) \_\_\_\_\_ *Health Selective – select from list*
- \_\_\_\_ (3) \_\_\_\_\_ *Social Ethics Selective – select from list*

**Required Courses in Other Departments (33-35 credits)**

- \_\_\_\_ (4) BIOL 20300 Human Anatomy & Physiology
- \_\_\_\_ (4) BIOL 20400 Human Anatomy & Physiology (prerequisite: BIOL 20300)
- \_\_\_\_ (3-4) CHM 11100 General Chemistry or CHM 11500 General Chemistry (prerequisite: MA 15400)
- \_\_\_\_ (3-4) CHM 11200 General Chemistry (prerequisite: CHM 11100) or CHM 11600 General Chemistry (prerequisite: CHM 11500)
- \_\_\_\_ (3) MA 15300 Algebra & Trigonometry I (prerequisite: ALEKS Math Assessment 030)
- \_\_\_\_ (3) MA 15400 Algebra & Trigonometry II (prerequisite: MA 15300)
- \_\_\_\_ (4) PHYS 22000 General Physics
- \_\_\_\_ (3) PSY 12000 Elementary Psychology
- \_\_\_\_ (3) SOC 10000 Introductory Sociology
- \_\_\_\_ (3) STAT 30100 Elementary Statistical Methods

**Required Movement & Sport Sciences Courses (19 credits)**

- \_\_\_\_ (1) HK 13500 Introduction to Health & Kinesiology
- \_\_\_\_ (3) HK 25300 Principles of Motor Development
- \_\_\_\_ (3) HK 25800 Foundations of Motor Skill Learning (prerequisite: MA 15300, MA 15400)
- \_\_\_\_ (3) HK 26300 Biomechanical Foundations of Motor Skills (prerequisite: MA 15300, BIOL 20300)
- \_\_\_\_ (3) HK 36800 Exercise Physiology I (prerequisite: BIOL 20400)
- \_\_\_\_ (3) HK 37200 Sport & Exercise Psychology I
- \_\_\_\_ (3) HK 37600 History of Sport

**Movement & Sport Sciences Selectives\* - Select three of the following courses (9 credits)**

- |   |  |
|---|--|
| ____ (3) HK 44300 Neuroscience of Movement  | ____ (3) HK 47200 Sport & Exercise Psychology II<br>(prerequisite: HK 37200) |
| ____ (3) HK 45300 Motor Coordination & Development<br>(prerequisite: HK 25300, HK 25800)            | ____ (3) HK 47400 Youth Physical Activity Behavior                           |
| ____ (3) HK 45800 Principles of Motor Control & Learning<br>(prerequisite: HK 25800)                | ____ (3) HK 47600 Olympic Games: Ancient & Modern                            |
| ____ (3) HK 46300 Analysis of Human Motion<br>(prerequisite: HK 26300)                              | ____ (3) HK 57200 Sport in American Culture                                  |
| ____ (3) HK 46800 Advanced Exercise Physiology II<br>(prerequisite: HK 36800 – minimum grade of C-) |  |

\*Courses created by the MVMT faculty (HK 49000) may be substituted in this area upon approval of the HK Undergraduate Program Director. Contact your advisor for further information.

**Directed Research – Select one of the following courses (3 credits)**

- \_\_\_\_ (3) HK 46500 Research Methods
- \_\_\_\_ (3) HK 49600 Independent Inquiry in Movement & Sport Sciences (prerequisite: consent of instructor)

**Electives (26-29 credits)**

- |                |                |                |                |
|----------------|----------------|----------------|----------------|
| ____ ( ) _____ | ____ ( ) _____ | ____ ( ) _____ | ____ ( ) _____ |
| ____ ( ) _____ | ____ ( ) _____ | ____ ( ) _____ | ____ ( ) _____ |
| ____ ( ) _____ | ____ ( ) _____ | ____ ( ) _____ | ____ ( ) _____ |

**Students must earn a “C-“ or better in all HK courses.**

**At least 32 credits of Purdue coursework required at 300 level or higher.**

*MVMT includes 24 credits (if taken at Purdue). See chart on next page.*

**120 semester credits required for Bachelor of Science degree.**

### Arts & Literature Selective List – 3 credits

Any AD, BAND, DANC, MUS, or THTR course

OR

- ENGL 23000 Great Narrative Works
- ENGL 23100 Introduction To Literature
- ENGL 23200 Thematic Studies In Literature (various topics)
- ENGL 23500 Introduction To Drama
- ENGL 23700 Introduction To Poetry
- ENGL 23800 Introduction To Fiction
- ENGL 24000 Survey Of The British Literature: From The Beginnings Through The Neoclassical Period
- ENGL 24100 Survey Of The British Literature: From The Rise Of Romanticism To The Modern Period
- ENGL 25000 Great American Books
- ENGL 25700 Literature Of Black America
- ENGL 25800 Nobel Prize Winners In Literature
- ENGL 26200 Greek Roman Classics In Translation
- ENGL 26400 The Bible As Literature
- ENGL 26600 World Literature: From The Beginnings To 1700 A.D.
- ENGL 26700 World Literature: From 1700 A.D. To The Present
- ENGL 27600 Shakespeare On Film
- ENGL 28600 The Movies
- FR 33000 French Cinema
- GER 33000 German Cinema
- ITAL 33000 The Italian Cinema
- JPNS 33000 Japanese Cinema
- PTGS 33000 Brazilian, Portuguese, And African Cinema
- RUSS 33000 Russian And East European Cinema
- SPAN 33000 Spanish And Latin American Cinema

### Conceptual & Critical Thinking Selective List – 3 credits

- PHIL 12000 Critical Thinking
- PHIL 15000 Principles of Logic
- PHIL 22100 Introduction to Philosophy of Science

### Culture & Diversity Selective List – 9 credits

- AAS 27100 Introduction To African American Studies
- AAS 27700 African American Popular Culture
- AAS 37000 Black Women Rising
- AAS 37100 The African American Experience (variable topics)
- AAS 37300 Issues In African American Studies (variable topics)
- AAS 37600 The Black Male
- ANTH 20500 Human Culture Diversity
- ANTH 21200 Culture, Food And Health
- ANTH 23000 Gender Across Cultures
- ANTH 34000 Global Perspectives On Health
- ANTH 37900 Native American Cultures
- ASAM 24000 Introduction To Asian American Studies
- ASAM 34000 Contemporary Issues In Asian American Studies
- ASL 28000 American Deaf Community: Language, Culture, And Society

| <b>32 Credits @ 300 Level:</b> |    |
|--------------------------------|----|
| MVMT HK Courses*               | 21 |
| STAT 30100*                    | 3  |
|                                |    |
|                                |    |
|                                |    |
|                                |    |
| <b>TOTAL</b>                   |    |

\* Assuming no transfer credits.

MVMT

revised 5/2012 (effective Fall 2012)

- CHNS 28000 Topics In Chinese Civilization And Culture (variable topics)
- COM 22400 Communicating In The Global Workplace
- COM 30300 Intercultural Communication
- COM 37600 Communication And Gender
- COM 38100 Gender And Feminist Studies In Communication
- HDFS 30100 Diversity In Individual And Family Life
- HIST 21000 The Making Of Modern Africa
- HIST 24000 East Asia And Its Historic Tradition
- HIST 24100 East Asia In The Modern World
- HIST 24300 South Asian History And Civilizations
- HIST 24500 Introduction To The Middle East History And Culture
- HIST 24600 Modern Middle East And North Africa
- HIST 27100 Latin American History To 1824
- HIST 27200 Latin America History From 1824
- HIST 34100 History Of Africa South Of The Sahara
- HIST 34200 Africa And The West
- HIST 34400 History Of Modern Japan
- HIST 36600 Hispanic Heritage Of The United States
- HIST 37700 History And Culture Of Native America
- JWST 33000 Introduction To Jewish Studies
- LALS 25000 Introduction To Latin American And Latino Studies
- PHIL 22500 Philosophy Of Women
- PHIL 24200 Phil, Culture, And The African American Experience
- POL 22200 Women, Politics, And Public Policy
- PSY 23900 The Psychology Of Women (prerequisite = PSY 12000)
- PSY 33500 Stereotyping And Prejudice (prerequisite = PSY 12000 & 24000)
- PSY 36800 Children's Development In Cross-Cultural Perspective (prerequisite = PSY 12000 & 23500)
- SOC 31000 Racial And Ethnic Diversity
- SOC 33900 Introduction To The Sociology Of Developing Nations
- SOC 45000 Gender Roles In Modern Society (prerequisite = 6 cr in SOC)
- WOST 28000 Women's Studies: An Introduction
- WOST 38000 Gender And Multiculturalism
- WOST 38100 Women Of Color In The United States
- WOST 38300 Women And Work

Study Abroad Course upon approval of HK department (up to 3 credits)

Other Language can be used starting at the 10200 level (maximum of 6 credits and must be from one language)

### Health Selective List – 3 credits

- HK 20000 Healthy Lifestyles
- HK 22500 Sexuality & Health
- HK 22600 Contemporary Women's Health
- HK 23100 Substance Abuse & Health
- HK 23300 Stress & Human Health
- HK 44000 Human Diseases Disorders
- NUTR 30300 Essentials of Nutrition
- PSY 25100 Health Psychology

### Social Ethics Selective List – 3 credits

- ANTH 21000 Technology & Culture
- PHIL 11100 Ethics
- PHIL 11400 Global Moral Issues
- PHIL 26000 Philosophy & Law
- PHIL 27000 Biomedical Ethics
- PHIL 28000 Ethics & Animals
- PHIL 29000 Environmental Ethics
- POL 12000 Introduction to Public Policy & Public Admin
- SOC 22000 Social Problems