

# THE COMPASS

*Exploratory Studies Newsletter*



## Important Dates to Remember

**November 30th:** Schedules Released

**December 4th:** Open Registration

**December 11th-16th:** Final Exams

**December 20th:** Grades Released



## Checklist: Leaving Campus for Winter Break

- Throw away perishable items in your refrigerator.
- Unplug any unnecessary electronics.
- If you have a bike, make sure it is locked and secure.
- Take home your summer clothes and don't forget warm clothes for the holidays.
- Make sure you have your student ID.
- Lock your doors and take your keys!



## Tips for Practicing Gratitude

Practicing gratitude has been shown to improve one's mental health and build relationships. In this season of giving thanks, take a minute to reflect on all you can be grateful for [by using these mindfulness tips.](#)

## How Do I CODO Into a Major?

**If you feel you are ready to CODO into your desired major, see the following steps:**

- Review the CODO requirements of your intended major to make sure you will have all the requirements completed at the end of the semester. If you're currently enrolled in a class that is required before you CODO, you can still request a CODO right now.
- Inform your academic advisor that you'd like them to submit your CODO request via email or during your registration appointment. Your advisor will submit your request electronically, and you will receive confirmation that your request has been submitted.
- Your advisor may ask you to take additional steps depending on your intended major. This may include watching a CODO presentation, taking a survey, or answering short essay questions.
- CODO requests are typically processed after fall grades are released. If your CODO request is approved, you'll receive an email from "noreply@purdue.edu" which will require you to accept the CODO. If you do not accept the CODO, it will not be processed. You'll subsequently receive confirmation that your CODO has been processed, which will include your new academic advisor's name.



## Final Exams Prep

**With final exams coming in early December, here are some study tips and resources to help you prepare for your exams:**

- Make sure you double-check your finals schedule for date, time, and room. You can check this in myPurdue – click the Academics tab, look under the “Student Schedule” box, and click “Evening & Final Exams”.
- Create study guides for your classes by using your notes and material from past exams. If possible, work with other students to create a comprehensive study guide by divvying up sections. The act of creating a study guide forces you to engage with the material and can help you make connections between important concepts. Organize your study guide by chapter or topic. Look for key words and try to anticipate what questions will be asked.
- Find other people in your class to study with in a class GroupMe or Discord.
- Speak with your instructor and/or TA during office hours for advice on the most effective way to study for their exam. Doing so can help you focus on key concepts and create study guides.
- Check out the Academic Success Center for a [Finals Prep Packet](#).