



Mental Health Resources Plan

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Section 1: Plan Fundamentals

1.1 Purpose

The Mental Health Resource Plan (MHRP) addresses mental health considerations among the university's students, faculty, staff, and visitors. The plan serves as a source of information that provides feasible response methods. It is critical that we are prepared to prevent violence on campus by assessing and addressing the mental health needs of those individuals who may be at risk of causing harm to oneself or others. This plan documents and organizes existing campus-related mental health resources and offers practical response methodologies for aiding mental health related situations.

1.2 Scope

The resources outlined in this plan will provide information for students, faculty, staff, and visitors at Purdue's West Lafayette campus to use in emergent and non-emergent mental health situations. The main stakeholders involved in managing mental health situations may include collaboration of various campus resources and services such as the Student Behavior Intervention Team (SBIT), Counseling and Psychological Services (CAPS), Purdue University Student Health Center (PUSH), Office of the Dean of Students, Human Resources Employee Assistance, and Purdue police and fire departments.

1.3 Laws, Policies and Authorities

The inclusion of these laws, policies, and authorities provide information to the campus's students, faculty, and staff. Having an understanding of laws, policies, and authorities that govern the topic at hand is a valuable tool in education, awareness, and implementation of the MHRP.

A) Laws:

- 1) Health Insurance Portability and Accountability Act (HIPAA). HIPAA privacy rule provides federal protection for personal health information. <http://www.hhs.gov/ocr/privacy/hipaa/understanding/index.html>
- 2) Family Education Rights and Privacy Act (FERPA). FERPA is a federal law that protects the privacy of student education records. <http://www.ed.gov/policy/gen/guid/fpco/ferpa/index.html>
- 3) Jeanne Clery Act (Clery Act). The Clery Act is a landmark federal law that requires colleges and universities across the United States to disclose information about crime on and around their campuses. <https://clerycenter.org/>
- 4) The Higher Education Opportunity Act (Public Law 110-315) (HEOA) was enacted on August 14, 2008, and reauthorizes the Higher Education Act of 1965, as amended (HEA).

B) Policies and Authorities:

- 1) University Policies: <http://www.purdue.edu/policies/index.html>
- 2) The Purdue University Student Conduct Code which outlines the conduct expectations of Purdue students:
http://www.purdue.edu/purdue/about/integrity_statement.html
- 3) The Purdue Faculty and Staff Handbook which outlines rules, regulations, and expectations of Purdue faculty and staff
http://www.purdue.edu/faculty_staff_handbook/
- 4) University Regulations
<http://www.purdue.edu/univregs/index.html>

1.4 Situation and Assumptions

- A) Situation
 - 1) The mental health behaviors addressed in this plan include: suicidal or homicidal threats, threatening and aggressive behavior, disruptive behavior, and individuals seeking counseling and psychological services.
- B) Assumptions
 - 1) A significant amount of mental health situations will occur with little to no warning.
 - 2) One may be confronted by an individual needing emergent or non-emergent counseling or psychological services.
 - 3) Emergent or non-emergent mental health issues may require both the cooperation and coordination of internal and external organizations.

2. Preparedness

Proper mental health preparedness and education may reduce the number of injuries and fatalities that might otherwise occur if we are underprepared.

- A) **Be familiar with the Purdue's police and fire departments.** Dial 911 for police, fire, and medical emergencies. For non-emergencies dial (765) 494-8221 or email the police department at police@purdue.edu. You can also visit the Purdue police department website at <http://www.purdue.edu/ehps/police/>. You can reach the Purdue fire department for non-emergencies at (765) 494-6919 or email the fire department at fire@purdue.edu. The fire department website is located at <http://www.purdue.edu/ehps/fire/>.
- B) **Be familiar with your Building Emergency Plan (BEP).** BEPs are located on the Emergency Preparedness website at http://www.purdue.edu/ehps/emergency_preparedness/index.html. If unable to locate your BEP, contact your building deputy at <https://www.purdue.edu/physicalfacilities/units/facilities-operations/building-deputies/directory.html>.

- C) **Connect with the campus emergency warning notification system – Purdue ALERT.** Purdue utilizes multi-layered communication methods to quickly spread emergency warning notifications through the use of all hazards outdoor emergency warning sirens, fire alarms, text messaging, Twitter notification, Desktop Popup Alerts, Alert Beacons, digital signs, email, the Purdue Emergency Status page, and the Boiler television emergency alerting system. These methods are further discussed at https://www.purdue.edu/ehps/emergency_preparedness/warning-system.html.
- D) **Know your on-campus and off-campus mental health resources and services.** Know who to call once an individual demonstrates that they are experiencing a mental health situation and in need of assistance. There are several on-campus and off-campus resources and services available (see Section 4).

Section 2: Resources

On-Campus

- Purdue University Police Department (PUPD) <https://www.purdue.edu/ehps/police/>
- PUPDs Crisis Intervention Program (CIT) <https://www.purdue.edu/ehps/police/community-services/services/crisis-intervention.php>
- Student Behavior Intervention Team <http://www.purdue.edu/odos/behavior/behavior.html>
- Purdue University Fire Department (PUFD) <https://www.purdue.edu/ehps/fire/>
- Office of Dean of Students (ODOS) <https://www.purdue.edu/odos/>
- Disability Resource Center (DRC) <http://www.purdue.edu/drc/>
- Office of Institutional Equity (OIE) <http://www.purdue.edu/ethics/oie/>
- Purdue University Student Health (PUSH) <https://www.purdue.edu/push/>
- Counseling and Psychological Services (CAPS) <https://www.purdue.edu/caps/>
- Purdue Counseling & Guidance Center http://www.edst.purdue.edu/counseling_psychology/PCGC.html
- Student Wellness Office <https://www.purdue.edu/push/SWO/>

Off-Campus

- Lafayette Crisis Center <https://www.mhatippecanoe.org/services/crisis-center>
- Cummins Behavioral Health Systems, Inc. <http://www.cumminsbhs.com/>
- River Bend Hospital <https://www.riverbendhospital.com/>
- Sycamore Springs www.sycamorespringshealth.com
- Franciscan Health <https://www.franciscanhealth.org/healthcare-facilities/franciscan-health-lafayette-east-62>
- IU Health Arnett Hospital <http://iuhealth.org/arnett/>