COUNSELING AND PSYCHOLOGICAL SERVICES
Purdue University

GROUP GUIDELINES

The following are guidelines that all group members are expected to adhere to:

1. Members agree to arrive on time

2. Sessions end on time

3. Members are expected to attend a minimum of five (5) consecutive sessions

4. After your first five sessions, if you are unable to attend a session you should inform the group co-leaders before the beginning of the group you are unable to attend. This can be done by calling the secretary at 494-6995 and leaving a message for one of the facilitators.

5. A member who wants to terminate her/his membership in the group is expected to come to group for a final session to say goodbye to the group

6. All information disclosed by members is held confidential and is not to be discussed outside the group with others.

7. Members agree to refrain from any acting out inside the group. Acting out behavior includes behaviors such as: Harming self, harming others, destroying property, or other destructive behavior

8. Interactions between members outside the group can affect relations inside the group; therefore we ask that you openly discuss these interactions, if they occur, in the group. Seeing members walking around campus and saying hello and briefly talking is fine but meeting for lunch or dating or going to have a beer is not encouraged because of its potential effect on the group should splitting or coalitions form.