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Dr. Farah Naja is an Assistant Professor of Nutrition Epidemiology at the department of Nutrition and Food Science at the American University of Beirut (AUB). She completed her Ph.D. in Nutrition Epidemiology at the University of Toronto, Canada. She was trained at Cancer Care Ontario studying diets' effect on various cancers.

Prior to that, she earned a M.Sc. in Therapeutic Nutrition and a B.Sc. in Nutrition and Food Sciences from AUB. Her professional experience includes working as a teaching faculty at the Faculty of Health Sciences, Higher Colleges of Technology (UAE). She also assumed the portfolio of clinical dietician and food quality control supervisor at the American University of Sharjah (UAE).

Dr. Naja's research interests include investigation of the role of diet in the etiology of non communicable diseases including cancer, obesity, diabetes, hypertension and metabolic syndrome. A specific focus of her research is to study innovative approaches to study dietary factors such as dietary patterns as opposed to single nutrient approach and to assess the association of these patterns to various diseases in the Lebanese context.