Light in the Shadows is a frank conversation about race among ten women of Indigenous, African, Arab/Middle Eastern, European, Jewish, Asian, Latina and Mixed Race descent, using authentic dialogue to crack open a critical door of consciousness. What lies behind it is a perspective on race that is often unseen/unnoticed within the dominant culture. With clear language, open hearts and a willingness to engage – even when it gets hard – these women travel over roads that demonstrate why valuable discourse on race is so laden with emotion, distrust and misunderstanding.